

# East Sussex Healthcare NHS Trust Dr Osei Kankam PA Tutor and Educational Lead



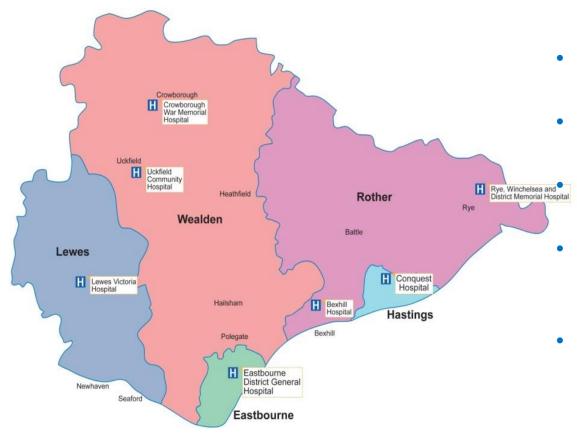
## **ABOUT US**



- Patients come first at East Sussex Healthcare NHS Trust
- Our vision: "To combine community and hospital services to provide safe, compassionate and high quality care to improve the health and wellbeing of the people of East Sussex"
- We work in partnership with commissioners and other providers to integrate health and social care as part of East Sussex Better Together.
- We are one of the largest organisations in the local community, employing nearly 7,000 dedicated staff with an annual turnover of £400million
- Our teams are proud to provide acute hospital and community health services.

## **ABOUT US**





- 525,000 people live in East Sussex
- Population mixture of urban and rural

  Higher than average elderly population
  - Areas of significant deprivation and differing needs
  - We offer an essential emergency service to the many seasonal visitors

## **OUR SERVICES**



- ESHT is an integrated community and acute provider
- We provide a wide range of community, intermediate care and rehabilitation and general acute services to the population of East Sussex and surrounding areas.
- The Trust operates from two acute hospital sites Eastbourne District
  General Hospital and Conquest Hospital in Hastings, both have Emergency
  Departments and provide care 24 hours a day. Range of surgical, medical
  and maternity services supported by diagnostic and therapy services
- Approximately 80 other sites ranging in scale from shared community based premises to community hospitals; we provide services from Bexhill Hospital; Crowborough War Memorial Hospital; Lewes Victoria Hospital; Rye, Winchelsea and District Memorial Hospital; and Uckfield Community Hospital.





- Significant operational improvements: improvements in meeting the 4 hour clinical standard and Referral to Treatment standard, set against increased demand in community and acute
- **Improvements to quality:** embedded quality management systems, safety huddles and better end of life care and identification
- Improvements to patient safety: improvements to post-operative VTE and DVT, detection and management of sepsis, mortality, falls and pressure ulcers
- Positive feedback: both internally (FFT and plaudits) and externally (Healthwatch, CQC surveys). Fewer complaints and more plaudits
- Finances: we are committed to tacking our financial challenges, whilst remaining focused on maintaining and improving the quality and safety of the services provided
- **CQC inspection:** March 2018 inspection showed significant improvements. Nearly all services rated as good or outstanding. Trust no longer needs to be in quality special measures



#### Improvements to our services

Women who have just become pregnant can now self-refer to the midwifery service by completing a form on the Trust's website.

Over 500 people were seen by the new Frailty Practitioner Service in its first year.

A new state-of-the-art CT scanner at Eastbourne DGH became fully operational in January. The scanner was substantially funded by a £500,000 donation from the Friends of Eastbourne Hospital.

Patients attending the main Outpatient Departments at Conquest Hospital and Eastbourne DGH can now check in for their appointment using self-service check-in kiosks.

Medication Passports, which were kindly funded by the Friends of Conquest Hospital, have been launched to help people keep track of their medicines.

Paper patient notes will soon be a thing of the past with the implementation of electronic patient records almost complete.





#### Awards for our achievements

The Trust's One Stop Swallow Disorder Clinic won two national awards in recognition of its innovative and collaborative approach which has reduced waiting times from 24 to just five weeks.

East Sussex Better Together, a pioneering partnership between health and social care in the county, won the improved partnerships between health and local government category at the Health Service Journal Awards.

The Doctor's Assistant Team and Danii Clark, Equality and Human Rights Assistant, both won Skills for Health's Our Health Heroes Awards, celebrating unsung healthcare heroes from across the UK.

Project SEARCH, for which the Trust is the host employer, was recognised for its success in gaining young people with learning difficulties or disabilities paid employment.





#### Valuing our workforce

The achievements and amazing work of Trust staff were celebrated at awards ceremonies during the year. These included the Trust's annual Awards ceremony, the Mentorship Awards and Unsung Heroes Week.

A Pets as Therapy (PAT) dog who visits patients at Eastbourne DGH won the 'Inspiration' award at the More Radio Eastbourne Awards 2017. Bella, a three-year old Bichon Frise, and her owner, Barry Coase, started visiting two years ago and are a huge hit with both patients and staff on their weekly visits.

Charitable funds have been made available to staff to make small improvements in their work areas, for the benefit of colleagues and/or patients. Improvements made in the last year include:

- A revamped bereavement garden area for the Emergency Department at Eastbourne DGH
- Plants for the maternity entrance at Conquest Hospital
- Elite Community Nurse bags for the Frailty team
- Hot water boilers for porters
- Wall mounted fans in the Ear, Nose and Throat waiting area.





#### Innovation in our services

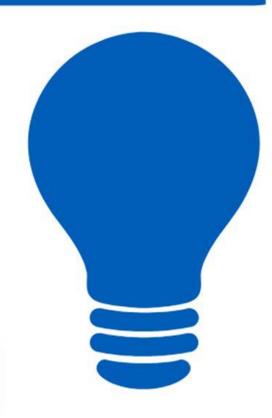
A new procedure, Endobronchial Ultrasound (EBUS), has been introduced at the Trust to speed up lung cancer diagnosis and reduce travel for patients who previously had to travel to either Brighton or London for the procedure.

An Eastbourne patient was the first in the UK to be implanted with an innovative cardiac device to modulate the heart's beat.

A new state of the art simulation training laboratory now gives clinical staff the opportunity to practice their skills and procedures in an educationally safe environment.

Doctors at the Trust are the first in the south east to use an innovative ultrasound scanner that combines MRI images to improve the detection of prostate cancer.

A state of the art digital mammography machine has been installed at Eastbourne DGH to improve the diagnosis of patients with suspected breast cancer.





#### Recognition from others for our achievements

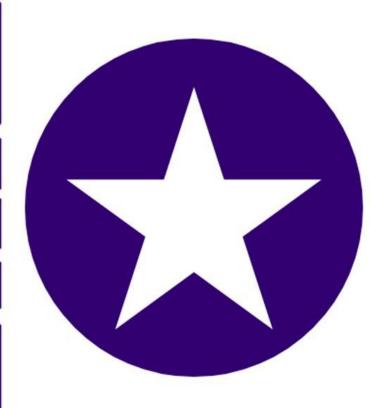
The Trust was praised for having the most improved quarterly performance in A&E by Secretary of State for Health, Jeremy Hunt. The quarterly percentage of patients treated and either admitted or discharged within four hours increased by nearly nine percentage points, from 80.7% between March-May to 89.4% between June and August.

Care of cancer patients at the Trust was again highly praised in a national survey of patients who were diagnosed with the disease.

The nurseries at Conquest Hospital and Eastbourne DGH both received a 'good' rating following inspections by Ofsted.

In the latest national survey of inpatients, the Trust was better or equal to the national average in almost 80% of the questions asked.

The Tust's Audiology services have received national accreditation in recognition of the high quality of care they provide. The Improving Quality in Physiological Services (IQIPS) accreditation is given to services that can demonstrate the highest levels of quality of service, care and safety for patients.





#### Improving our buildings and facilities

Work to expand the Emergency Department at Conquest Hospital was completed in November, helping improve the flow of patients through the department.

An expanded Ambulatory Emergency Care (AEC) unit opened at Eastbourne DGH in December, providing same day emergency care for ambulatory patients who don't require an overnight stay in hospital.

The courtyard of the Kipling Children's ward at Conquest Hospital was re-opened following refurbishment.

A new £500,000 Orthopaedic Outpatients and Fracture Clinic opened at Conquest Hospital in September.





## Our Experience with Physician Associates Students

August 2017 – March 2018- 3 Trainees from BSMS: Positive feedback – "Excellent educational experience and opportunities, support from upervisors, friendly environment".

PA Faculty – June 2017 PA Tutor- June 2017





### **Recruitment:**

- Business Plan -awaiting approval
- Rotational Posts
- Jointly funded by CCG/ESBT(SPT) and ESHT
   :Primary Care ,ED, Medicine,Surgery,Specialty
   placements( O&G, Paediatrics)
- Built-in CPD Time ,Robust Process for Educational and Pastoral Support
- Fully supported by Executive Team
- Support from Director of KSS School of Medicine

## Why ESHT?



- East Sussex "Sunshine Coast" and fantastic Countryside, "1066 County"
- Friendly environment
- Supportive Faculty
- Watch this space !



WHAT **MATTERS** TO YOU **MATTERS** TO US ALL